

HIGH LEVEL FITNESS PRESENTS...

STODDERT FUN FITNESS CAMP!

Objective: To get kids moving and learning about physical fitness! When kids learn to love exercise it helps them stay healthy now and teaches them healthy habits that will last a life time.

MORE REASONS TO ENROLL!

- exercise reduces anxiety,
- builds interpersonal relationships,
- builds confidence,
- improves sleep,
- enhances school performance,
- prevents disease.
- And it's fun!



To Register please visit Highleveltraining.us

Monday, K-2nd grade @ 3:30 p.m.

Classes will go from September 9TH to December 16th

Cost: Class is \$170.00. Please pay online or by check (payable to High Level Training).
For more information please visit Highleveltraining.us or email reggie@highleveltraining.us

** Please fill out form below and bring to first class.

NAME: _____
CHILDS NAME: _____
AGE: _____ **D.O.B** ____ / ____ / ____
ADDRESS: _____ **CITY:** _____ **ST:** ____ **ZIP:** _____
PHONE#1: _____ **PHONE#2:** _____
E-MAIL: _____

Does your child have any physical limitations or conditions that could affect their participation in this class? Are there any conditions your child has that the instructor(s) should know about your child? (Please include asthma or food allergies.)

Yes _____ No _____

If yes, please explain: _____

I hereby give permission for _____ to participate in the after-school class. While all reasonable precautions will be taken to assure my child's safety and to prevent any injuries from occurring, I will not hold the Instructor, High Level Training or the PTA and its officers and members liable for any accident that may occur. In addition, I grant permission for the instructor and/or PTA officials to obtain emergency medical care (by calling 911) for my child if it appears necessary.

Parent/Guardian Signature _____

Date: _____